



# COMFORTER, HELPER, INTERCESSOR, AND SEAL



**TRUEWAY KIDS**.COM

# Session 5 The Holy Spirit: Comforter, Helper, Intercessor, and Seal

**Objective:** Teach your child about the roles of the Holy Spirit as Comforter, Helper, Intercessor, and Seal, and how He provides comfort, guidance, help in prayer, and assurance of our salvation.

**Opening:** Begin by asking your child if they have ever felt sad, scared, or needed help with something difficult. Discuss how it feels to have someone there to comfort or help them. Explain that Jesus promised to send the Holy Spirit to be our Comforter, Helper, Intercessor, and Seal.

**The Bible Story 1:** Read John 14:16-18, 26-27 together from your child's Bible. Explain that in this passage, Jesus promises to send the Holy Spirit to be with us forever.

**The Bible Story 2:** Read Acts 7. Share how Stephen was filled with the Holy Spirit. Even when he faced danger, the Holy Spirit comforted him and helped him remain brave.

## Main Points:

**Comforter:** Explain that the Holy Spirit comforts us in times of trouble, providing peace and assurance. Read John 14:16-17 together. Discuss how the Holy Spirit brings us comfort when we are sad or scared.

Discuss a time when your child felt scared, such as visiting the doctor or being scared at night, but having a parent or friend with them was a big comfort. Reflect on how people can't always be with us, but the Holy Spirit can, making Him the ultimate Comforter. Mention that we can find comfort in Him because He is God, so nothing is too difficult for Him. He loves us and has a perfect plan for our lives.

**Helper:** Discuss how the Holy Spirit helps us in our daily lives, providing guidance and strength. Read John 14:26-27 together. Explain that the Holy Spirit helps us understand what to do, gives us strength to do what is right, and guides us in making good choices.

Set up some partner work activities such as sorting cards, doing a jigsaw puzzle, or moving an object. Talk about how things are easier with a helper and how some things that would be impossible to do alone become possible with assistance. Then, connect this to the Holy Spirit being our Helper.

Talk about different situations where we might need help and how the Holy Spirit can provide that help.

**Intercessor:** Explain that the Holy Spirit helps us pray, interceding for us when we don't know what to say. Read Romans 8:26 together. Discuss how sometimes we don't know how to pray or what to say, but the Holy Spirit prays for us and helps us communicate with God.

Have your child try to describe an item on a card without using certain words. Explain that sometimes when we try to pray, it can be like that—we don't know exactly what words to say or what the right things to pray for are. The Holy Spirit helps us with our prayers, even when we don't know exactly what to pray for.

**Seal:** Explain that the Holy Spirit is also our Seal, which means He guarantees our salvation and marks us as belonging to God. Read Ephesians 1:13-14 together. Discuss how a seal is used to show ownership and authenticity, like a stamp on a letter or a logo on a product. The Holy Spirit is God's mark on us, showing that we belong to Him and that He will keep His promises to us.

Create a seal with wax. Melt some sealing wax and use a stamp to create an impression on a piece of paper. Show how a seal was used in historical times to show ownership and authenticity. Explain that the Holy Spirit's seal on us shows that we belong to God.

Organise a scavenger hunt for logos that show ownership. Have your child look different logos on products that indicate who made them. Discuss how these logos are similar to the Holy Spirit being our Seal, showing that we belong to God.

**Pray Together:** Thank God for sending the Holy Spirit to comfort, help, intercede, and seal.







As the stones hit Stephen, he prayed, “Lord Jesus, receive my spirit.” After he said this, he died.

But Stephen’s story didn’t end there. The Holy Spirit had sealed Stephen as God’s own, and even though his life on earth was over, he was safe with God forever.

Stephen’s body was hurt by the stones, but his spirit was protected by the Holy Spirit.

Stephen entered heaven, sealed and safe with God for all eternity.



## STEPHEN’S HELP

Stephen was a man full of faith and the Holy Spirit. He loved Jesus and wanted everyone to know about Him.

Stephen helped many people and performed great miracles through the power of the Holy Spirit.

One day, some people who didn’t like what Stephen was teaching began to argue with him. But Stephen, filled with the Holy Spirit, spoke with wisdom and power.





The people who didn't like Stephen told lies about him and brought him before the high council. They accused him of speaking against God and Moses.

As Stephen stood before the council, his face shone like an angel's because the Holy Spirit was with him. Stephen knew that the Holy Spirit was his Helper and Comforter, even in this difficult time.

Stephen began to speak to the council, telling them about God's plan and how Jesus fulfilled the promises made in the scriptures. The Holy Spirit gave Stephen the courage and words to speak the truth boldly.



The council became very angry at Stephen's words.

But Stephen, full of the Holy Spirit, looked up to heaven and saw the glory of God. He saw Jesus standing at the right hand of God. "Look," he said, "I see heaven open and the Son of Man standing at the right hand of God."

The people covered their ears and, yelling at the top of their voices, they all rushed at him.

They dragged Stephen out of the city and began to stone him. But Stephen wasn't afraid. He knew that the Holy Spirit was with him, comforting him and giving him peace.



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# GROUP GAMES

## HELPER BALLOON VOLLEYBALL

**Objective:** To demonstrate the helping role of the Holy Spirit through a fun game of balloon volleyball.

**Materials Needed:**

Balloons  
String or net to divide the play area

**Instructions:**

1. Set up a string or net to divide the play area into two sides.
2. Divide the children into two teams.
3. Play a game of balloon volleyball, where teams must work together to keep the balloon from touching the ground.

**Reflect:** Discuss how the Holy Spirit helps us in various ways, just as they helped each other keep the balloon in the air. Emphasise the importance of teamwork and relying on the Holy Spirit for help.

## BALANCE GAME

**Objective:** To illustrate how the Holy Spirit helps and guides us through challenges by working together in a cooperative game.

**Materials Needed:**

Large piece of cardboard with a hole cut in the centre  
Small ball or marble

**Instructions:**

1. Divide the children into groups of four.
2. Give each group a large piece of cardboard with a hole cut in the centre.
3. Place a small ball or marble on the cardboard.
4. The four players must each hold one corner of the cardboard.
5. The objective is for the group to work together to guide the ball through the hole in the centre of the cardboard without letting the ball fall off the edge.
6. If the ball falls off, they must start again from the beginning.
7. The group that successfully gets the ball through the hole the fastest wins.

**Reflect:** Explain how this game is similar to how the Holy Spirit helps and guides us through life's challenges. Just as they had to work together and communicate to guide the ball, the Holy Spirit works in our lives to guide us and help us make the right choices.



# BIBLE MEMORY VERSE

**Key Bible Verse:** Ephesians 1:13

**Memory Verse:** "And in Him, having heard and believed the word of truth—the gospel of your salvation—you were sealed with the promised Holy Spirit,"

## Activity: Verse Building Blocks

1. Write each word or words of the verse on a separate building block.
2. Scatter the blocks around the room.
3. Children search for the blocks and bring them back to a central location.
4. Once all blocks are found, the children work together to stack the blocks in the correct order to form the verse.
5. After assembling the verse, they practice saying it together.





# MEMORY VERSE CARDS

And in Him, having heard and believed  
the word of truth – the gospel of  
your salvation – you were sealed  
with the promised Holy Spirit.

Ephesians 1:13



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Ephesians 1:13



Colour each letter by shape

C H E S O M

E F O L R P A

E T L R E R

Write the letters to find the word



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# Titles of the Holy Spirit - Word Search

W	T	R	T	F	Z	W	E	F	N	P	R
I	E	C	A	R	G	F	R	C	M	R	R
S	T	R	N	W	I	D	H	K	J	E	O
D	G	C	E	L	E	T	K	W	C	P	S
O	L	G	T	T	G	D	H	H	T	L	S
M	O	T	A	R	E	D	I	S	W	E	E
D	R	Z	C	T	K	R	I	U	K	H	C
Q	Y	M	O	N	R	R	N	Y	G	B	R
W	W	N	V	D	H	U	N	A	V	W	E
N	T	Q	D	C	M	L	T	W	L	X	T
F	S	E	A	L	M	Y	N	H	B	M	N
M	C	O	M	F	O	R	T	E	R	T	I

Advocate  
Christ  
Comforter  
Eternal  
Glory  
God  
Grace  
Guide  
Helper  
Intercessor  
Life  
Seal  
Truth  
Wisdom





# Spot 10 differences



# Who's the Helper?

Draw the correct helper for each situation

Your pet is sick

You have a toothache

You are lost in a crowded  
place

There is a fire

You have a question about  
your homework

You feel unwell and have a  
fever

You see someone in trouble  
at the pool

Your kitchen sink is leaking

You need to send a letter



# Titles of the Holy Spirit Mobile



## What you need:

Printed template page for the Titles of the Holy Spirit  
Colouring Equipment  
Scissors  
Hole punch  
Yarn or string  
Glue or tape

<https://youtu.be/Uo9c5YYwD5Q>

## What to do:

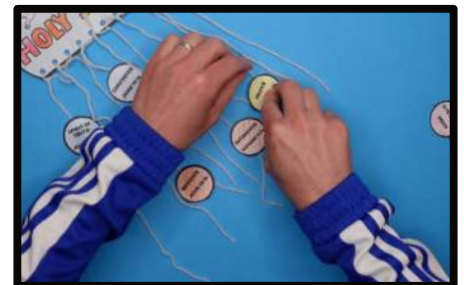


Colour and cut the template page.

Punch holes along the bottom of the main part of the mobile.



Cut pieces of string to different lengths. Thread each piece of yarn through a hole on the bottom of the main part of the mobile and tie a knot to secure it.



Use tape to attach the other end of each piece of yarn to the top of a circle with a title.

Cut a longer piece of string and thread it through the top centre hole to form a loop for hanging.







**COMFORTER**

**JOHN 14:16**

**HELPER**

**JOHN 14:26**

**GUIDE**

**JOHN 16:13**

**INTERCESSOR**

**ROMANS 8:26**

**SEAL**

**EPHESIANS  
1:13**

**SPIRIT OF  
WISDOM**

**EPHESIANS  
1:17**

**SPIRIT OF GOD**

**1 CORINTHIANS  
3:16**

**SPIRIT OF  
TRUTH**

**JOHN 16:13**

**SPIRIT  
OF CHRIST**

**ROMANS 8:9**

**ADVOCATE**

**JOHN 14:16**

# Foam Seals / Stamps



## What you need:

- Foam sheets or shapes
- Scissors
- Glue (foam glue or strong adhesive)
- Wooden blocks, cardboard or bottle caps (for the stamp base)
- Pen
- Washable ink pads or paint

## What to do:



Draw simple shapes or designs on the foam sheets and carefully cut out the shapes using scissors (optional: use pre-cut shapes).



Glue each foam shape onto a wooden block or bottle cap.



Press the foam shape onto an ink pad or dip it lightly into paint. Stamp the shape onto paper, pressing firmly and evenly.

















# Worship Time

Recommend worship songs. Not produced by Trueway Kids. YouTube Videos to be used for personal use only.

Stephen's help

<https://youtu.be/eJ3TfIMrVgo>

Hebrews 11:1-3 - Bible Memory Song for Kids

<https://youtu.be/qmIDQ25tG5U>

God's Hands and Feet

<https://youtu.be/UFUicRaFltU>



## Prayer Time

Dear God,

Thank You for sending the Holy Spirit to be our Comforter, Helper, Intercessor, and Seal.

Help us to know His presence, to rely on His guidance, and to trust Him in our prayers.

Thank You for marking us as Your own and guaranteeing our salvation

In Jesus' name, Amen.

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